

# FRUIT OF THE SPIRIT



## Fruit *of* *the* Spirit

evidence that God is at work in your life

# FRUIT OF THE SPIRIT

- **Galatians 5:22-23** — *“But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control.”*

# FRUIT OF THE SPIRIT

- God the Father wants to transmit and impart **9 specific elements** of the fruit of the Holy Spirit up into our personalities

# FRUIT OF THE SPIRIT

- God wants all of us to enter into a true sanctification process with Him so that He can begin the process of molding, shaping, and transforming us into the express image of His Son Jesus Christ

# FRUIT OF THE SPIRIT

- When we're filled with the Holy Spirit we'll evidence the **fruit of the Spirit** in our lives

# FRUIT OF THE SPIRIT

*Patience*  
*Fruit* OF THE SPIRIT



# GREEK WORD FOR PATIENCE

- **MAKROTHUMIA** – “*Makros*” means “*long*”; “*thymos*” means “*passion*”

# PATIENCE

- One cannot think of a virtue that is more desperately needed, or harder to produce in our lives, than patience



# PATIENCE

- ***“Will you please pray for me that I may be more patient?”***
- ***“Lord, send this young man tribulation in the morning; send this young man tribulation in the afternoon; send this young man...”***



# PATIENCE

- ***“No, no, I didn’t ask you to pray for tribulation. I wanted you to pray for patience.”***
- ***“Ah, it’s through tribulation that we learn patience.”***



# WHAT IS FORBEARANCE?

***“patient self-control; restraint and tolerance.”***

# WHAT IS PATIENCE?

***“the capacity to accept or tolerate delay, problems, or suffering without becoming annoyed or anxious.”***

# WHAT IS PATIENCE?

***“Patience is self-restraint which does not hastily retaliate against a wrong.”***

# WHAT IS PATIENCE?

***“Patience is the ability to accept delay or disappointment graciously.”***

# WHAT IS PATIENCE?

***“the ability to wait, or to continue doing something despite difficulties, or to suffer without complaining or becoming annoyed:”***

# WHAT IS PATIENCE?

***“Patience is the powerful attribute that enables a person to remain steadfast under strain & continue pressing on.”***



# WHAT IS PATIENCE?

***“Patience is a calm endurance based on the certain knowledge that God is in control.”***

# PATIENCE IS DIFFICULT

## 1. It goes against human nature

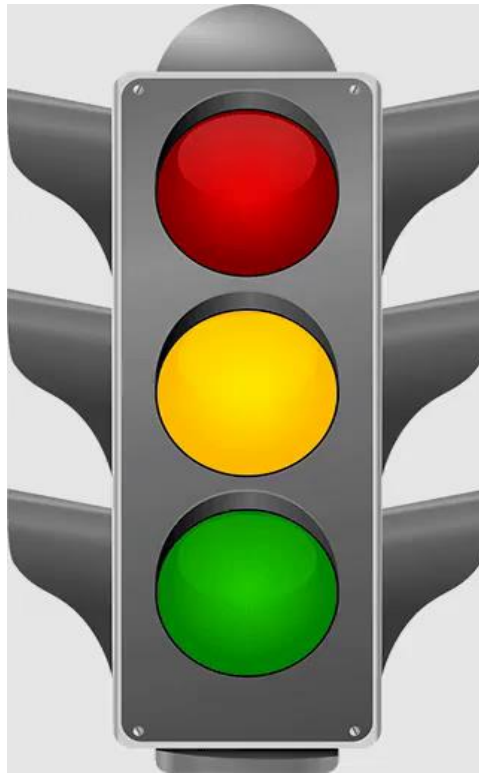
– A baby crying in the night does not have patience even though its parents are tired!

***“Are we there yet?”***



# PATIENCE IS DIFFICULT

**2. There are weeds of pride, selfishness & anger that can choke out the fruit of patience**



# PATIENCE IS DIFFICULT

**3. Its contrary to our culture**

**4. We have convinced ourselves that impatience is a virtue – Type**

**A personalities who get things done**




Whoever is patient has great understanding,  
but one who is quick-tempered displays folly.

**Proverbs 14:29**



# HOW TO DEVELOP PATIENCE

## 1. Abide in Christ



**I am the vine; you are the branches.  
If you remain in me and I in you,  
you will bear much fruit; apart from  
me you can do nothing.**

**John 15:5 (NIV)**

# HOW TO DEVELOP PATIENCE

1. **Abide in Christ** – Study the Bible, pray, worship, serve & have fellowship with other believers (the local assembly)

# HOW TO DEVELOP PATIENCE

**2. Slow down** – The concept of the Sabbath – take a walk, watch children play, listen to birds sing, read a book, relax



# HOW TO DEVELOP PATIENCE

**3. Overcome the little  
frustrations of life/the tyranny of  
the immediate**

# HOW TO DEVELOP PATIENCE

## 4. Overcome the big problems by waiting on the LORD – Exodus 14



# JESUS THE PERFECT EXAMPLE OF PATIENCE

## Matthew 26 – Jesus in the Garden of Gethsemane



# JESUS THE PERFECT EXAMPLE OF PATIENCE

***"I wept as a cardiologist described Jesus' drops of blood in the Garden of Gethsemane before He was betrayed & arrested. Medical science reports that only when humans are under rare & extremely grave stress do their blood vessels***


# JESUS THE PERFECT EXAMPLE OF PATIENCE

***"break & mix with the sweat in their sweat glands... "I grieved at how Jesus' disciples could sleep when He kept appearing to them with His forehead bloodied. And, since the skin becomes so sensitive when it sweats blood that touching it is almost***

# JESUS THE PERFECT EXAMPLE OF PATIENCE

***"intolerable, I cringed at how my Jesus could stand to have the crown of thorns thrust into His tender brow. Wearing it for us! And the scourging, & the mocking, & the spitting! For us!"***



A close-up photograph of autumn leaves, primarily in shades of orange and yellow, with some hints of red. The leaves are delicate and have a lobed shape, typical of maple leaves. They are set against a dark, blurred background that appears to be more foliage in various colors, creating a bokeh effect. The lighting is soft, highlighting the texture of the leaves.

The Lord is not slow in keeping his promise,  
as some understand slowness. Instead he is  
patient with you, not wanting anyone to  
perish, but everyone to come to repentance.

**2 Peter 3:9**



**“The LORD is slow to  
anger, abounding in  
love and forgiving sin  
and rebellion.”**

**(Numbers 14:18)**



LOVE IS  
*patient*

LOVE IS  
*kind*

»» — FIRST CORINTHIANS THIRTEEN FOUR — <<<

**NEXT**

**KINDNESS**